

Spring Holiday Program

Our Lady Help of Christians, *September 2023* | 7am - 6pm

\$110 per day*
**Includes
Excursions
& Incursions**
*less your CCS

 Monday Sep 18

Healthy Minds and Bodies

Let's make our own healthy snacks with a visit from Subway

Incursion: Subway
12pm - 1pm

 Tuesday Sep 19

Talk Like A Pirate Day

Ahoy there Me hearties. OSHC has been commandeered by pirates. Come dressed as a pirate and weigh anchor!

 Wednesday Sep 20

Lights, Camera, Action

Let's check out the latest movie at our local cinema
Excursion: Showbiz Cinemas
10am - 1pm

 Thursday Sep 21

Lil Muso's

OSHC has talent. Come along for some singing and Dancing

 Friday Sep 22

Garden Day

Coastal Nectar will be teaching us about bees
Incursion: Coastal Nectar
1pm - 3pm

 Monday Sep 25

Creative Creations

Visit from Emily Van der Molen
Incursion: 10am - 11.30am

 Tuesday Sep 26

World Culinary Tour

Let's explore countries from around the world and what they eat.

 Wednesday Sep 27

Inclusive Playground

Come spend some time with friends at the playground
Excursion: Inclusive Play Space, 10am - 1pm

 Thursday Sep 28

Spring Fun Day

Ballarat OSHC is joining us. Enjoy a colour run, jumping castle and yummy food
Incursion: Alfredton OSHC Visit, 10.30am - 3pm

Scheduled activities and bus times may change due to circumstances beyond our control. Please confirm with the venue if needed.



Venue



Incursion



Excursion

For more information and to book call 0491 743 126 or visit yballarat.org.au



Spring Holiday Program

Our Lady Help of Christians

484 Gillies St, Wendouree

September 2023 | 7am - 6pm

The Y Ballarat Holiday Programs provide children with a safe and friendly care environment with opportunities to make new friends, develop their self-esteem and participate in exciting activities during the holidays.

All children must be booked in and enrolled for attendance prior to the commencement of the program. Enrolment is required to be completed by all families using the service.

To enrol visit: yballarat.org.au/oshc/vacation-care-program

For more information call 0491 743 126

or visit yballarat.org.au



WHAT TO PACK

- A wide brimmed hat – caps are not accepted for outdoor play
- A labelled water bottle
- Sunscreen (if allergies are present)
- Suitable footwear to access the outdoors – strictly NO thongs are to be worn at the program
- SunSmart Clothing- strictly no singlets will be accepted
 - A change of clothes

FOOD

NUT FREE ZONE! - This means strictly NO Peanut Butter or Nutella in sandwiches please; this could be potentially life threatening to a child who suffers from anaphylaxis.

Unhealthy foods such as potato chips, lollies and chocolate will not be permitted to be consumed. These foods will be required to stay in the child's bag until they are collected.

Healthy Lunch Box Examples to pack:

- ✓ Fruit Vegetable sticks
- ✓ Cheese
- ✓ Tuna
- ✓ Sandwiches
- ✓ Crackers
- ✓ Wraps
- ✓ **NUT FREE** bars
- ✓ Eggs
- ✓ Salad
- ✓ Rice Crackers
- ✓ Dips
- ✓ Yoghurt & fruit or cereal
- ✓ Fruit salad or kebabs

**Please note: It is always best to pack more into your child's lunch box, if children run out of food families will be notified.